

INTERACTIVE DRUMMING

Has your company done corporate drumming?

Drumming is a unique and dynamic way to get everybody beating to the same rhythm in no time!

This is a great social activity where each person in the drumming circle is provided with a Djembe Drum and the musicians

choreograph the group to achieve a melodious beat.

Anyone can drum - if your heart is beating, you have rhythm! Within minutes, your team will be making music. Because rhythm is a universal language, our 'mother tongue', drumming creates a unity that transcends barriers.



Benefits

- Builds team spirit
- Excellent ice-breaker
- Releases stress
- Bridges cultural divides
- Provides inspiration and motivation
- Encourages co-operation
- Enhances mental clarity and focus
- Creates strong and unified group identity



What others have experienced:

The drumming was indeed a highlight and a creative and energetic way in which to bring closure to the conference. Your natural energy and synchronization as a group was exhilarating and had a profound impact on the audience. It was really wonderful to see the delegates having so much fun. - Cindy Summer, HOD Herschel

Length of activity: 45 min - 1 hr.